



Taking God to Work Without Losing your Religion

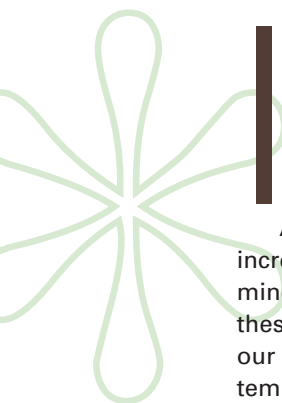
Regardless of difficult workplace situations, never compromise who you are or whose you are.

by Cathy Holloway Hill



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myself all things that bless and prosper me. Divine love surrounds me and enfolds me, and I go forth in peace. Whenever my attention wanders away from that which is good and constructive, I will immediately bring it back to the contemplation of positive things. I will be happy all day long because God orders my steps.”



It's no secret that our nation is in a failing economic condition. This situation is stressful, and we as Christians may find ourselves in very uncomfortable places, especially in the workplace. However, it can also be a wonderful time to be a witness for God.

As we are faced with layoffs, reduced workforce, increased job responsibilities, and low morale, keep in mind that there may be nothing we can *do* to change these life situations. However, we do have control over our emotions and reactions to them. While it may be tempting to fall into a depression and question your faith, now is the time to pull from your inner strength and allow your faith to pick you up and keep you on a positive track.

Here are some strategies:

Prayer: Before I rise out of bed, I ensure I'm in control of my thoughts instead of my thoughts controlling me. I say aloud, "Divine order takes control of my life today. I am a spiritual and mental magnet attracting to

Keep positive thoughts: Throughout the day, I make a point to stop and take note of the thoughts I am thinking. If they have wandered off the positive track, I immediately change them to "I am happy, healthy, and strong." If we periodically assess our thoughts and incorporate affirmations, we are empowered to maintain our spiritual strength.

Regardless of difficult workplace situations, never compromise who you are or whose you are. We are witnesses for Christ, and we should never be ashamed or afraid to allow our inner light to shine. Your lifestyle and activities are not dictated by the work environment. They were strategically designed and orchestrated by God. As Romans 12:2 states, "Do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God."

Cathy Holloway Hill is an author, speaker, radio talk show host, and life and career coach. For more information, visit chollowayhill.com.