

"Cathy Holloway Hill has crafted a masterpiece for managing our lives regardless of life's circumstances. *Emotional Bailout!* is timeless and is exactly what we need in today's tough economic world!"

--Jason McElhone
Founder & CEO
JasonsNetwork.com
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"Cathy Holloway Hill's book equips readers with specific, practical ways to overcome negative, self-destructive thoughts with positive, empowering ones. A must-read for anyone coping with difficult times!"

--Angelia White, Publisher/CEO
Hope for Women Magazine
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"Cathy Holloway Hill has done as many successful people have. She's turned her wealth of knowledge and compassion for helping others into a book which will transcend generations and enrich the lives of so many other people."

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--Dr. Charles "Randy" Nichols, Ph.D.
Chair, Management Program
College of Business Administration
Sullivan University
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"In meeting Cathy Holloway Hill, she is dynamic and passionate in her work and her writing. Her new book will change the lives of many people!"

--Chuck Williams, Vice President & General Manager
WTLC, Radio One - Indianapolis
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Cathy Holloway Hill offers sure-fire advice in *Emotional Bailout!* Through her use of powerful personal stories, she gives the reader practical, real-world examples of how to pull your life together when your world is falling apart!

--Cathy Fyock, author, *The Truth About Hiring the Best*
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"When I met Cathy early in her career at IBM Corporation, I knew she was destined for greatness. She possessed a quiet but powerful GLOW that few people possess. *Emotional Bailout* is a small step in the giant strides and influence she will have on millions of lives!"

-- William Luse, IT Industry Executive
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We are honored to have Cathy Hill Holloway as a long time featured host on Blogtalkradio, she has always brought quality content and is a great member of the Blogtalkradio community. Cathy is a warm reminder of the powerful voices we are able to provide for our listeners".

---Alan Levy, Founder & CEO, Blogtalk Radio Network
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"When the world is sinking around you, there's good news. You DON'T have to sink with it. There's an

emotional bailout waiting for you ... just around the corner ... if you read Cathy Holloway Hill's book on 'Emotional Bailout.' It's just what the doctor ordered. So you need to devour every word of it."

--Dr. Alan R. Zimmerman

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"Cathy Holloway Hill is a gifted author whose purpose is to bring emotional healing to others. She is a stellar speaker, writer and coach."

--Linda Ellis Eastman, President, Professional Woman Network

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"The first time I spoke with Cathy, I felt her energy and passion. I knew immediately that this was an individual who would change the world. And her book, *Emotional Bailout* is proof positive. This is a small step in the giant strides Cathy Holloway Hill will make in the world of life enhancement. As our emotional trials get harder and harder, someone finally hits the answer to our economic struggles smack in the center. If you are tired of living a life of misery, get to know Cathy because she is on fire and ready to make a difference!"

--Brigitte Wangberg, M.S., MFT

CEO and Founder of The Life Institute for Personal & Professional Development: Consulting and Coaching Services

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"Cathy has a no-nonsense approach to solving problems. Her abilities to candidly assess a situation and how to move forward are refreshing. Her anecdotes illustrate how one can learn from positive and negative situations."

--Helen Overfield

Executive Director

NAWBO Louisville

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"This is a much needed book about living with clarity and resilience. *Emotional Bailout* offers practical and understandable advice to help us all rise above undesirable, and often unexpected, circumstances."

--Tonya Mitchell Peele, M.S., Certified Wellness Coach

Child and School Wellness Advocate – featured on the

Rachel Ray Show

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"Cathy Holloway Hill has a powerful message that can help you feel better about you and especially in these challenging times. Her new book is presented in an easy to read format and filled with rich personal and client stories that are like teaching parables. You'll find yourself in the stories and you'll also find a way out of any dilemma. That's the beauty of her message and her personal gift to you! *Emotional Bailout* is an absolute must for people who want to know how to shift their lives and their thinking."

--Dr. Jo Anne White, Ph.D.

International Speaker, Coach, and Business Consultant – featured on WebMD and Women's Day, and author of *Sense Your Way to Life Satisfaction*."

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" Change your thinking, change your language and change your life! That's the essence of Cathy Holloway Hill's message in this inspirational how-to book. She shares a step-by-step process to build the life you want and the life you deserve, no matter the circumstances. A great read!"

--Elizabeth Jeffries, CSP, CPAE Speaker Hall of Fame; author, *The Heart of Leadership: How to Inspire, Encourage and Motivate People to Follow You*.

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Cathy Holloway Hill helps put you back into the driver's seat of your life! Instead of being stuck on the 'why', Cathy will navigate you through the 'how'. Follow Cathy's roadmap, and you will discover a peaceful, healthy, rich and rewarding life!

--Wendy Lackritz Darling, M.Ed., Sp.Ed.

Creator of the Thumbprints Method

Thumbprints International

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"Emotional Bailout is a solid, helpful book that will help lead you out of the darkness of this difficult and challenging time into new hopeful and positive possibilities!"

--Dr. Diana Kirschner, Ph.D. author of *Love in 90 Days: The Essential Guide to Finding Your Own True Love*

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Cathy Holloway Hill's "Emotional Bailout" is a lifeline to pull the reader from the sea of emotional misery to the shores of recovery. The book is a must read for those seeking to be a force of positive CHANGE assisting people to bring their lifelong dreams into reality.

--Shawn McDowell, author of *"I See That You Are Down, But When Are You Going to Get Up?"*

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Emotional Bailout! is a resource for everyone who is looking for greater happiness, success and inner peace. Her book provides you with the stories, tools and inspiration to determine your life mission and the path to follow through to accomplish it.

--Marilyn Tam, M.S., speaker, Co-Visioneer of HealthWalk, former President of Reebok Apparel Products and Retail Group, and international author of *How to Use What You've Got To Get What You Want*

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Emotional Bailout is a powerful, timely book that is filled with simple but very profound ,life-changing tools that people can use today to have a more fruitful life come their way! Finally, Cathy put the 'life' back into into '**LIFE**' via *Emotional Bailout!*"

- Dr. Elon Bomani, author of *Dynamic Diva Dollars and Wealth Chants*

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"There's no doubt our country is suffering an economic crisis. Finally someone has stepped up to address the issue from the inside out, and that person is Cathy Holloway Hill. As an accomplished professional in the area of finance, I understand the importance of financial literacy as well as the other principles outlined. If you want to take control, TRULY take control, read this book, embrace the principles, and bail yourself out!"

--William R. Patterson, Award-Winning Speaker, Business and Wealth Coach
International Best-selling Co-author of *The Baron Son*